

Mount Helena Primary School

Faction Athletics Jumps & Throws Program of Events

Wednesday, 9 October



We look forward to welcoming you to our 2024 Jumps and Throws Wednesday, 9 October. Please see below the programme of events, including approximate times for each event.

Please note that students will only be on the oval for the duration of their event, however parents are welcome to attend at any time.

It'll be a great day!

TIMES (Approximation only)	EVENT
9:00am	Year 6 - Long Jump Year 5 - T-Ball Throw
9:35am	Year 4 Girls Long Jump Year 4 Boys Long Jump Year 6 Girls T-Ball Throw Year 6 Boys T-Ball Throw Year 5 Girls Triple Jump Year 5 Boys Triple Jump Year 3 Girls T-Ball Throw Year 3 Boys T-ball Throw
10:10am	Year 5 Girls Long Jump Year 5 Boys Long Jump Year 6 Girls Triple Jump Year 6 Boys Triple Jump Year 4 Girls T-Ball Throw Year 4 Boys T-Ball Throw Year 1 Girls 200m Year 1 Boys 200m Year 2 Girls 200m Year 2 Boys 200m
11:10am	Year 2 Girls Long Jump Year 2 Boys Long Jump Year 3 Girls Long Jump Year 3 Boys Long Jump Year 1 Girls T-Ball Throw Year 1 Boys T-Ball Throw
11:45am	Year 2 Girls T-Ball Throw Year 2 Boys T-Ball Throw Year 1 Girls Long Jump Year 1 Boys Long Jump Year 3 Girls 400m Year 3 Boys 400m Year 4 Girls 400m Year 4 Boys 400m Year 5 Girls 800m
12:20pm	Year 5 Boys 800m Year 6 Girls 800m Year 6 Boys 800m
1:00pm	Event pack-up



Mount Helena Primary School

Faction Athletics Sports Carnival Program of Events

Thursday, 10 October



We look forward to welcoming you to our 2024 Faction Sports Carnival on Thursday, 10 October. Please see below the programme of events, including approximate times for each event.

We request that on the day, parents remain in the parent area, as students will be required to be getting ready for events and cheer on their peers.

Additionally, there will be a Cake Stall run by the P&C on the day, we welcome your contributions of cakes on the day. We also request that if you would like your child to enjoy something from the Cake Stall that this is purchased for them by an adult and can be provided to them in the lunch break.

It'll be a great day!

TIMES (Approximation only)	EVENT
8:50am	Assemble in Factions on the blue courts and march to oval.
9:10am	Welcome Address – Mrs Claire Slater
9:20am	Sprints - starting with Year 1 Girls. Note: Pre-primary and Kindy will follow the Year 6 students, and be approximately 10:30am.
11:30am	Flag Relays (Event follows on from Kindy Sprint (40m run). Note: Pre-primary and Kindy will participate in a Beanbag race prior to Flag Relays.
12:30pm	LUNCH - student may visit their parents and eat lunch with them at this time.
1:00pm	Tunnel Ball. This will start with Pre-primary. (Kindy do not participate in this event)
1:20pm	Shuttle Relay. This will start with Pre-primary. (Kindy do not participate in this event)
1:50pm	Pass Ball/Leader Ball. This will start with Year 1/2 event. (Pre-primary and Kindy do not participate in this event)
2:10pm	Spry Relay (time permitting). This will start with Year 1/2 event. (Pre-primary and Kindy do not participate in this event)
2:30pm	Presentation - all students assemble on the oval.

